

MAIL CALL

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ANTHONY TRIPOLINO BRANCH 2200, N.A.L.C.

SERVING

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CIRCULATION 1000

MAY/JUNE 2025

FROM THE DESK OF THE PRESIDENT



Fellow Sisters and Brothers,

Overtime Desired List – Over the past few weeks, there have been many questions in regard to the new Overtime Desired List (ODL) and how it all works. The new language in the 2023-2026 National Agreement Article 8.5.A.1 states the following: ***Full-time letter***

carriers, including those on limited or light duty, may sign up for either one or both of the following regular Overtime Desired Lists:

- ***Employees desiring to work up to twelve (12) hours per day on their regularly scheduled day(s). Employees signing only this list are not on the Overtime Desired List on their non-scheduled day(s). However, employees signing both regular Overtime Desired Lists are eligible to work up to twelve (12) hours per day on their regularly scheduled day(s) and their non-scheduled day(s).***
- ***Employees desiring to work eight (8) hours per day on their non-scheduled days. Employees signing only this list are not on the Overtime Desired List on their regularly scheduled days or beyond eight (8) hours on their non-scheduled days. However, employees signing both regular Overtime Desired Lists are eligible to work up to twelve (12) hours per day on their regularly scheduled day(s) and their non-scheduled day(s).***

This might seem a little confusing at first so, I'll do my best to clarify how it will be applied. The only change in Article 8.5.A is regarding the ODL list. The "8" hour carriers and the Work Assignment List (WAL) remains the same.

The new ODL now consists of two lists, providing carriers with different options for signing up for overtime. One option is to sign up to only work overtime during their regular scheduled workday and not on the non-scheduled day. In this case, the carrier will not be considered as an overtime carrier on their non-scheduled day but will be eligible to work up to 12 hours during the regular scheduled days. The other option is to sign up to only work on your "non-scheduled" day, which is the assignments' days off, and not during the regular scheduled workdays. In this case, the carrier will be eligible to work up to 8 hours on their non-scheduled day but will be a "8" hour carrier during the regular scheduled workdays.

A carrier also has the option to sign both lists. This would mean the carrier is eligible to work up to 12 hours during their regular scheduled workdays and also be eligible to work on their non-scheduled days. This would be the overtime desired list we had prior to this new agreement. There will also be two separate trackings for each of the lists. All carriers that sign up to work overtime during the regular scheduled workdays will be tracked differently for the number of overtime hours worked. The carriers that sign up to work only on their non-scheduled workdays will be tracked differently for the total hours of overtime worked during the quarter. The carriers that sign both the overtime lists will be tracked on each of the two lists separately. The carriers on the overtime list for the regular scheduled workdays will kept equitable amongst those carriers and the overtime list for the non-scheduled workdays will be kept equitable amongst those carriers. I hope this helped with understanding how the new overtime desired list will work and be implemented. Please call the office or speak with your shop steward if you still have questions.

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Continued Desk of the President

Branch Picnic – We had our Branch Picnic on June 22, 2025, and had a big turnout. We had a great time hanging out with our sisters and brothers within our Branch and their family members. A few of our members also enjoyed swimming in the lake with their kids. I do wish to thank Nancy Norman, Bob Norman, Jan Siechert, Vinh Trieu, and Jeffery Rodriguez for helping out with the picnic and games. If you have not participated in our Branch Picnic, I suggest you give it a try next year!

In Solidarity – Serop Karchikyan

SHOP STEWARD'S CORNER



Lately, we've had a lot of new CCAs come in. Starting out isn't easy. There's a lot to learn and it takes time to get the hang of things. I've seen them working hard, trying to figure it all out while keeping up with the pace of the job.

Some of us made it because someone took a moment to help. They answered a question, gave some advice, or just reminded us we weren't alone. That kind of support matters. That's what solidarity looks like. The future of the union isn't just about contracts or negotiations. It's about how we treat each other day to day. These CCAs are more than just extra help. They're the next regulars, the next stewards, and maybe the next leaders in this branch. Whether they stick around depends a lot on how we welcome them.



It doesn't take much. A quick tip, a little patience, or just being open to helping when needed can make a difference. Let's do our part.

By Adrian Gonzalez
Shop Steward – Newhall Station

RETIREMENT AND YOUR HEALTH PLAN



As a letter carrier nearing retirement, I know most of you are looking forward to the day when you drop that last letter, to the last customer on the route, into the mailbox for the final time. Many decisions will be made leading up to your retirement decision, perhaps most important being the choice of which health plan to carry into retirement.

First, I would like to clear up the number one misconception regarding this choice. Too many carriers mistakenly believe that you must belong to the same health plan for the five years leading to retirement. Let me state this loud and clear, **"YOU DO NOT."** The simple fact is you must be enrolled in **ANY** FEHB/PSHB plan for the five years prior. Also, whichever plan you choose is not a permanent choice. In retirement, you will still be able to switch plans during Open Season.

Second, I would strongly urge choosing the plan for letter carriers, run by letter carriers, the NALC Health Benefits Plan. This is a **NOT**-for-profit plan. With the NALC Health Benefit Plan, you get comprehensive care at the lowest price possible. The High Option plan offers a vast and varied list of physicians and services. But, most importantly, you'll pay the same monthly premiums as active letter carriers. This is a unique feature for retirees, as other plans raise their premiums for retirees. In fact, a recent retiree, who wasn't enrolled in the NALC Health Benefit Plan, informed me that his premiums increased by \$200 per month when he retired.

So, the choice is clear, when choosing a health plan to retire with, the NALC Health Benefit Plan is the clear choice for the best care and the best value. And when you find that day, it's coming, **CONGRATS** on hanging up your satchel and enjoy your life!!

Keith Lineman
Health Benefits Representative



GENERAL MEMBERSHIP MEETING – May 14, 2025

The meeting was called to order via Zoom at 7:03 p.m. by President Serop Karchikyan. The pledge of allegiance was led by Sergeant-at-Arms Gabriel Gonzalez and there was a moment of silence for departed brothers and sisters since the last meeting, specifically Gold Card members Frank Drake and Robert Armstrong. The roll call was answered by eleven officers and stewards in good standing. Motion (A Gonzalez/Siechert) passed to waive the reading of the minutes from the previous meeting and accept as emailed/printed for members at the meeting. New CCA, Darius Butler, from Santa Clarita was introduced and welcomed. Motion (Siechert/Lineman) passed to waive the reading of the bills spreadsheet, accepted as emailed/printed, warrants be drawn and bills be paid. Motion (Siechert/Qua) passed to excuse Daniel Germann from the membership meeting. Motion (Collier/Lineman) passed that the Branch supply both state and national delegates with Pasadena designed shirts. Motion (Siechert/Qua) passed to waive the reading of the Treasurer's Report and accept as emailed/printed for members. Motion (Collier/Zorn) passed to accept and welcome the following applications for membership and to include their full names in the meeting minutes: Adrian Cantero, Daniel Choe, Andrew Cordeiro, Andres Cortez, Rolando Garcia, Nathan Howe, Howard Jackson, Anthony Lahoodie, Htoi Langh, Robert Lopez, Alfredo Losoya, Gerad Metz, Harlow Patalano, Evan Thomas, Kevin Tomatani.

MDA coordinator Zorn, reported on Paint a Turtle Camp visitors day for next month. Carolyn Zorn and Leroy Collier reported on the Letter Carrier Political Fund, attempts to reduce retirement benefits and successful food drive participation from the LA County Fed. President Karchikyan reported on the Food Drive/awaiting the final totals.

Motion (A Gonzalez/Trieu) passed to accept the Executive Board recommendation that Branch 2200 go on record in support of a special convention. Motion (Norman/Zorn) passed that the Branch purchase a ½ page ad for the 2025 State convention booklet. Motion (Lineman/Siechert) passed that the Branch send up to 10 eligible delegates to the August State convention with expenses paid for travel, lodging and per diem for eligible delegates.

President Karchikyan announced there is a CLC local negotiation training on May 18 and the Branch picnic will be on June 22nd. The members thanked Vinh Trieu for the meeting meal and a motion (Siechert/Trieu) passed to adjourn the meeting at 8:56 p.m. Submitted by,

Nancy Norman
Financial Secretary

GENERAL MEMBERSHIP MEETING – June 11, 2025

The meeting was called to order via Zoom at 7:00 p.m. by President Serop Karchikyan. The pledge of allegiance was led by Sergeant-at-Arms Gabriel Gonzalez and there was a moment of silence for our departed brothers and sisters since the last meeting, specifically for retired carrier Benjamin Padilla. The roll call was answered by eleven officers and stewards in good standing. Motion (Trieu/A Gonzalez) passed to excuse Keith Lineman from the membership meeting. Motion (Siechert/G Gonzalez) passed to waive the reading of the minutes from the previous meeting and accept as emailed/printed for members at the meeting. Motion (Siechert/Germann) passed to waive the reading of the bills spreadsheet, accepted as emailed/printed, warrants be drawn and bills be paid. Motion (A Gonzalez/Chong) passed to waive the reading of the Treasurer's Report and accept as emailed/printed for members. Motion (Grossi/Trieu) passed to accept and welcome the application for membership from Tony McCalmont.

Motion (Trieu/G Gonzalez) passed to suspend the order of business for guest speaker John Beaumont, National Legislative Organizer. Brother Beaumont updated on legislation threatening COLAs, retirement, steward pay, USPS funding, urging members to contact congressional representatives and to contribute to The Letter Carrier Political Fund. MDA Coordinator Zorn, reported on Paint a Turtle Camp Visitors Day and the MDA yard sale fundraiser. President Karchikyan reported on the Food Drive and report will be available at the next meeting. Leroy Collier reported on LA County Fed and their volunteerism for the Food Drive. Motion (A Gonzalez/G Gonzalez) passed to accept the Executive Board recommendation that the Branch pay 8 hours USPS/LWOP or non-scheduled pay for up to ten trainees, selected by the president, to attend training at the State convention on 8/21/2025 and the Branch pay for travel, one night lodging, and meal per diem.

Letter from Manny Peralta, National Director of Safety & Health, was read congratulating Leroy Collier on his 90th birthday, followed by a round of Happy Birthday by the members. Jan Siechert auctioned two dozen organic eggs and raised \$100 for MDA. President Karchikyan announced Branch picnic tickets are available for June 22nd. The members thanked Gabriel Gonzalez and Jan Siechert for the meeting meal and a motion (G Gonzalez/Siechert) passed to adjourn the meeting at 8:26 p.m. Submitted by,

Nancy Norman
Financial Secretary

TREASURER'S REPORT MAY-JUNE 2025

INCOME	MAY	JUNE					
NALC Active Rebate	25,844.18	38,765.96		MAY-JUNE TRANSFERS			
NALC Retiree Rebate	0.00	492.04		FROM	TO		AMOUNT
Direct Dues	66.26	573.02		Checking	Convention		4135.83
Interest-Dividend	873.38	1,304.60		Checking	Mikita		100.00
Other Income/Grievance Settlements	60.00	1,500.00		Checking	Building		4135.83
Food Drive T-Shirt Sales	0.00	1,355.00		Convention	Checking		4883.14
Branch Picnic Ticket Sales	0.00	915.00					
TOTAL INCOME	\$26,843.82	\$44,905.62					
EXPENSES	MAY	JUNE					
Branch Picnic	29.62	428.59					
Car Allowance	560.00	560.00					
Clothing-Uniform Allowance	237.00	0.00		ACCOUNT BALANCES			
COP Meeting	24.00	0.00		4/30/2025			
Food Drive	392.66	1,199.59		General Fund		\$120,001.76	
Gardening	0.00	180.00		Mikita Scholarship		\$3,691.68	
Insurance	0.00	0.00		Building Fund		\$412,748.55	
Internet	79.20	79.20		Convention/Training		\$102,122.57	
Mail Call	115.32	0.00					
Meeting Meal/Raffle	180.37	100.00		TOTAL ACCOUNTS		\$638,564.56	
Mileage	0.00	0.00					
Misc - Saxsenmeier/Fire Victims	200.00	1,760.01					
Office Expenses	1,664.64	302.41		ACCOUNT BALANCES			
Office Supplies	9.87	139.39		5/31/2025			
Officer Benefits	1,911.40	1,911.40		General Fund		\$119,614.98	
Officer/Steward Salary	17,247.16	17,694.48		Mikita Scholarship		\$3,741.84	
Payroll Taxes	1,452.42	1,463.60		Building Fund		\$415,624.87	
Per Capita Tax	39.00	39.00		Convention/Training		\$101,921.66	
Postage	154.99	178.99					
Retiree Banquet	2,633.49	0.00		TOTAL ACCOUNTS		\$640,903.35	
Retiree Bonus	0.00	150.00					
Seminars/Education	0.00	0.00					
State Convention	0.00	250.00		ACCOUNT BALANCES			
Telephone	99.14	99.16		6/30/2025			
Utilities	290.99	0.00		General Fund		\$130,880.82	
				Mikita Scholarship		\$3,792.00	
				Building Fund		\$418,477.73	
TOTAL EXPENSES	\$27,321.27	\$26,535.82		Convention/Training		\$101,409.16	
NET INCOME	-\$477.45	\$18,369.80		TOTAL ACCOUNTS		\$654,559.71	



2025 RETIREE BANQUET
 Old friends, good times,
 good food, good fun....
 Join us next year!!



**2025 PICNIC – Branch 2200
 CASTAIC LAKE**



**Meeting Attendance
May/June 2025**

Officers:

President Serop Karchikyan – P/P
Vice President –
Secy-Treasurer –
Financial Secy Nancy Norman – P/P
Sergeant at Arms Gabriel Gonzalez – P/P
Health Benefits Rep Keith Lineman – P/E
MBA Representative Vinh Trieu – P/P
Trustee Janet Siechert – P/P
Trustee Daniel Germann – E/P
Trustee Diana Rosales – P/P

Stewards:

Altadena: Carlos Ramos – P/P
Glen La Crescenta: Artur Aghakhanyan – A/A
La Canada/Montrose: Tina Giancanelli – P/P
Pasadena/91104: Diana Rosales – P/P
Pasadena/91101-91106: Daniel Germann – E/P
Pasadena/San Marino: Kevin Nguyen – A/A
Santa Clarita Newhall: Adrian Gonzalez – P/P
Santa Clarita MO: Scotty Reese – A/A
South Pasadena: Danielle Fisher – P/P
Tujunga: Gabriel Gonzalez – P/P

KNOW YOUR RIGHTS – CCA and PTF Corner

- CCAs and PTFs are guaranteed 2 to 4 hours of pay every time they are scheduled to work, depending on the size of the installation
JCAM Article 8.8.D
- CCAs and PTFs are guaranteed at least one 10-minute break each shift, and a second 10-minute break and 30-minute lunch if you work over 6 hours **JCAM Article 8.3**
- CCAs and PTFs ARE **NOT** “ON CALL.” Don’t reply to text messages or calls when you are off the clock, and if you are scheduled to work, you are guaranteed the hours stated above in **Article 8.8.D** of the contract RIGHTS!

MEMBERSHIP MEETINGS

Wednesday, July 9th

In-Person/Zoom* @ 7:00 p.m.
1310 N Oxford Ave in Pasadena
Meeting Meal @ 6:00 p.m.

Wednesday, August 14th

In-Person/Zoom* @ 7:00 p.m.
1310 N Oxford Ave in Pasadena
Meeting Meal @ 6:00 p.m.

***Zoom Check in @ 6:50 p.m.**

THE HEAT IS ON.....

Protecting Workers from Heat Stress Heat Illness
Exposure to heat can cause illness and death. The most serious heat illness is heat stroke. Other heat illnesses, such as heat exhaustion, heat cramps and heat rash, should also be avoided. At least one pint of water per hour is needed.

Risk Factors for Heat Illness • High temperature and humidity, direct sun exposure, no breeze or wind • Low liquid intake • Heavy physical labor • Waterproof clothing • No recent exposure to hot workplaces

Symptoms of Heat Exhaustion • Headache, dizziness, or fainting • Weakness and wet skin • Irritability or confusion • Thirst, nausea, or vomiting

Symptoms of Heat Stroke • May be confused, pass out, collapse, or have seizures (fits) • May stop sweating

How You Can Protect yourself • Know signs and symptoms of heat illnesses; monitor yourself; use a buddy system. • Block out direct sun and other heat sources. • Drink plenty of fluids. Drink often and BEFORE you are thirsty. Drink water every 15 minutes.
• Avoid beverages containing alcohol or caffeine.
• Wear lightweight, light-colored, loose-fitting clothes.